APRIL 11, 1996

THE CARDINAL TIMES

LINCOLN HIGH SCHOOL ◆ 1600 SOUTHWEST SALMON STREET PORTLAND, OREGON ◆ VOLUME 99 ◆ ISSUE 10

ABE'S SHORTS

LINCOLN SATURATES EUGENE

Breaking attendance records and occupying an entire Best Western complex, 140 Lincoln students will depart for the annual Model United Nations conference in Eugene today after school.

"Not only is this the largest delegation [Lincoln] has ever taken, but Lincoln will also have the most students of any school in the conference," said triad member Laura Rosenbaum, senior.

Spread over three days, the conference is composed of over 700 delegates from Oregon schools. Students will simulate the UN, representing countries through different committees.

"MUN used to be advertised as a party," said advisor Mike Sweeney. "But now student behavior is excellent." Although not overwhelmed with the amount on the trip, Sweeney is relieved that the original number of 250 students has been cut down.

BY ALEX HUGHES

LEGAL EAGLES READY TO FLY

For the ninth year in a row, the Constitution team will compete at nationals in Washington, D. C. They will be up against teams from each of the other 50 states, plus one from the District of Columbia.

"Our team works well together," said member Danny Rubin, sophomore. "I'm sure we'll succeed in Washington."

The Constitution Team has won the national championships twice before. Last year, it was named Western States champions.

National competition will take place April 25 through May 1.

BY IAN HEAD

SPEAKING OF STATE...

Memorizing, drilling and studying speech topics will take up a good part of the next two weeks for 19 Lincoln speech team members practicing for the upcoming state competition. Held at Oregon State University, the competition will take place from April 18 to April 20.

"We should get second or third this year," said sophomore Chiara Juster. "Last year we got fourth, and we' re a lot better this year." According to coach Dayna Wallmark, the team should at least get in the top five, as it has for the past four years. She also expects national qualifiers, Aaron Knot and Daniel Pollack-Pelzner, juniors, to contribute greatly.

Of the 64 teams competing, Wallmark predicts most of the competition from Ashland and Clackamas.

BY NOLAN LIENHART

IN THE CARDS...

April 10-13:
Model United Nations conference
Today:
Bicentennial Bash
7-11 p.m., cafeteria
Tuesday, April 16:
'C" schedule
"Think First" assembly
Thursday, April 18:
"Mr. Lincoln," 7-9 p.m -auditorium
Tuesday, April 23:
'B' schedule - class elections

NOTABLE...

Sophomore Jason Franklin, who has publicly spoken for Portland students for the financial support of the district from local businesses, is the next door neighbor of district superintendent Jack Bierwirth.

QUOTABLE...

"The teachers' union is the most organized organization outside of the Catholic Church."

Dr. Jack Bierwirth, superintendent of Portland Public Schools

AFTER *the* FALL

◆ **PROGRAMS:** *PASS eliminated; ISC, IB take hits*

◆ **CUTS:** *Lincoln funding slashed by $1 million*

◆ **TEACHERS:** *20 Lincoln teachers cut or unassigned*

Forum delivers budget

BY DANIEL LERNER

A meeting on the budget, revealing the effects of the cuts on Lincoln was put on by the Oregon Students for Saving Education (OSSE) last Monday

A sparse crowd of students and parents was in attendance, as Principal Velma Johnson covered many issues and changes, which included 17. 8 Full Time Equivalence positions to be cut, an average class size increase from 27 to 32, as well as a new seven- period partial block schedule for next year with more classes offered during zero period.

"Hopefully there will be a lot of add-backs over the summer so we will be able to add more classes to our slate of offerings," said Johnson during her presentation.

Members of the OSSE handed out postcards to be addressed to the chairman of Fred Meyer requesting aid for the schools, as well as informational flyers for a May 16 rally at Pioneer Square.

Mackenzie Jeans

Breaking it down: **District Superintendent Jack Bierwirth (second from right) speaks about coping with the budget cuts at a budget forum last Tuesday.**

LINCOLN'S LOSSES

- *17.8 FTE cut*
- *Average class size increase from 27 to 32*
- *PASS program eliminated*
- *No additional funds to ISC and IB*
- *Language program cuts from 6 to 4 languages. Latin dropped, Japanese will phase out*

Axe drops on staff, classes

BY DANIEL LERNER

Cuts amounting to 17. 8 Full Time Equivalence positions were made at Lincoln on April 2; just one week after the Portland Public School district and the Portland Association of Teachers reached a three- year contract agreement, which is effective this year.

Funding cuts have resulted in FTE reductions in every department, no additional financial support for International Studies and International Baccalaureate, and elimination of the Positive Alternatives to Student Suspensions program.

"We tried to maintain as much as we could of all the programs," said Vice Principal Sandra Page, "but the teachers for IB would have to be paid from our own FTE so we couldn' t offer as many IB sections as we had in the past."

The ISC program will offer only four languages instead of six, as Latin will be cut next year, and Japanese will be phased out. Cuts will affect the entire school, as class sizes will increase from an average of 27 to 32 students.

There will be one less vice principal next year at all district high schools. Classified and support staff, which includes secretaries, was cut by five persons, with four others given reduced assignments.

Alternatives try to save schools

BY ELIZABETH LEHMER

As staff members decrease, and class sizes increase for next year, community members are looking for creative ways to help curb the budget strain on schools.

Oregon Fair Share, a non- profit organization, has helped to organize the 'Kickers for Kids' campaign. After many Oregon businesses got a kickback on their state taxes, Oregon Fair Share is trying to get the businesses to donate a part of the monies back to the schools. "They hope to put more pressure on businesses," said OSSE general secreatry Wasim Rahman, sophomore.

Large companies, such as Fred Meyer, are the businesses the group is targeting, since 10 percent of their kickback could eradicate the budget shortfall.

Students have organized as well. Oregon Students Supporting Education , a group formed by students to help provide a link between students and matters of the budget, has linked different schools in the district together. "It' s going to be a political action group," said Rahman. "It gives students an organized voice."

Private foundations have also been set up to aid in fund- raising. According to Superintendent Jack Bierwirth, a goal of $15 million has been set for monies to be raised by the foundations.

"Right now, the main priority with any additional funds that come in is to replace staff positions," said Bierwirth.

BUDGET OPTIONS

Kickers for Kids
A campaign set up by Oregon Fair Share to encourage businesses to contribute 10 percent of their tax kicker to education.

Million-Dollar March
This march has been set up to coincide with the Starlight Parade as a means of increasing pressure on business to contribute their tax kicker.

Lincoln Foundation
An organization, set up like many other fund-raising organizations in Portland, that is accepting private contributions to help alleviate the shortfall.

STUDENTS IN THE SPOTLIGHT

Wasim Rahman
One of the key players in Oregon Students Supporting Education. Rahman has been campaigning for increased support and paricipation.

Jason Franklin
By speaking out, Jason has gotten the attention of the entire city, appearing at school board meetings and on "Town Hall."

Marguerite Inglesbee
She was one of the first members of the OSSE, organizing meetings and soliciting local businesses for aid in funding.

Questions... & Answers

As the budget bonfire blazes on, there are still many questions regarding the future of Lincoln. Here are some of the most common concerns:

✔ **My parents donated money to the school system. Where will the money most likely go?**
Private donations to Lincoln will most likely go to help replace supplies and materials- not to replace staff members, according to Principal Velma Johnson.

✔ **Will the Student Services Counselor be cut?**
As of now, Brian Quinn will return next year, but in a half-time position (.5 FTE).

✔ **Is the school year going to be shorter for next year?**
The school board decided to cut the school year by four class days and one planning day. This plan may be revised because some board members are against the plan.

✔ **Is IB going to be limited to those who are doing the full diploma?**
As was the case this year, full diploma candidates will receive priority for IB classes; others places are limited by class size.

✔ **How will ISC be restored next year if they are cutting positions and funding?**
New ISC students have been accepted for next year despite a total cut in funding from the district. The school board has not yet decided if ISC's funding will be restored.

✔ **Will the budget situation get worse after next year?**
The teachers' new contract will last for three years, so that will not be an issue next year. The district is hoping to seek more money from the state in the following years so funding can be restored. Cuts after next year should not be as big.

New schedule all blocked out

Staff members look for innovation to accommodate cuts in classes

BY IAN HEAD

An additional seventh teaching period has been added to next year' s schedule, a result of a staff vote last week.

Students will be required to attend six classes a day. Because classes may start at either zero, first, or second period, students have some freedom in how early they begin and end the day. Unlike years before, zero period will not only consist International Baccalaureate classes.

Teachers had a choice between this year's schedule and two other alternatives - traditional with no block, and a full block schedule, which would have alternated between three different classes each day. The votes were almost equally divided between the traditional and full-block periods.

"The division is a result of what and how you teach," said Russian teacher Allan Ellis. The full block schedule edged the traditional, and a second vote was taken. About two-thirds of the staff then voted in next year's schedule.

"It's a workable compromise," said social studies teacher Mike Sweeney.

Students seemed in favor of the new schedule's flexibility. "It sounds like a good way to accommodate people. . . so they can fulfill requirements," said junior Lisa Rosenbaum.

Freshman Mike Heald was also pleased with the new schedule. "I like the idea of being able to sleep in later," he said.

NEXT YEAR'S SCHEDULE

Monday/Tuesday/Friday

0	7:25-8:15
1	8:20-9:10
2	9:14-10:09
Break	*10:09-10:19*
3	10:23-11:13
4	11:17-12:07
Lunch	*12:07-12:42*
5	12:46-1:36
6	1:40-2:30
7	2:34-3:25

Wednesday/Thursday

0	7:25-8:15
1/SD	8:20-9:48
Break	*9:48-10:03*
3/2	10:03-11:36
Lunch	*11:36-12:19*
5/4	12:24-1:52
7/6	1:57-3:25

Q&A: Hicks responds to budget concerns

INTERVIEW BY DANIEL LERNER

Luscious Hicks is the chairman of the Portland Board of Education. Currently, he is in his second six-month term. Hicks also has two children in Portland public schools.

Q-What are some of the methods that are being used to raise money outside of the current budget?
A- The Portland Public Schools Foundation will have a major fundraiser around June 1. There is a 1-800 number that we're using for people to call and make pledges. In addition to the foundation, there are businesses who will be asked to make contributions toward the short-term solutions. Also, we' re planning a Million Dollar March for the first week of June.

Q-As money comes back to the schools, what criteria should be used to determine where the money is dedicated?
A- There are board members who would prefer adding programs back, and there are members who would prefer adding back FTE. If we add programs that have FTEs attached, or add FTEs that have programs attached to them, the sides might compromise on solutions.

Q-What would you propose to help raise money for the schools?
A- One possibility would be the people of Portland to tax themselves 25 cents, 50 cents, or two dollars, and devote that money to fund the schools.

Q-What do you anticipate for the next several years?
A- The three-year teacher contract will give us a period of stability for us to go out and sell our case to the legislature, so we can get better funding in '97 and '99. In addition to that, businesses will be looking for an investment in education, schools will be looking for a partnership with businesses. We'll have a new elementary school in Forest Heights in 1998 to accommodate all the people who are moving up there. We will have more distance learning opportunities. We will be measuring students by proficiency and not grade point averages.

Q- Would you prefer funding to go directly to the schools, in forms such as the Lincoln Foundation, or to have it given to the district foundation?
A- One, we already have a foundation, so that saves you the time and energy of running one. And two, one-third of the money from the Lincoln foundation is given to the district.

You already have an opportunity and a tax credit/deduction opportunity through the district foundation; I don't know why you've formed your own foundation. Your control through your own foundation is not any greater than through the district.

Help get this gang out of town...

1995 BICENTENNIAL CLASS ON THE CONSTITUTION

1996 BICENTENNIAL CLASS ON THE CONSTITUTION

...and back to Washington, D.C. -where they belong!

Come to the "Bicentennial Bash" dance for the Lincoln High School Constitution team!!!

Time: Thursday - April 11
7:30 to 10:30 P.M.
Admission: Students - $3
Adults - $5

Place: Lincoln High School Cafeteria
Music: The Founders & The Partiots

See you all there!!!

Top hat and tie, Mr. Lincoln returns

BY SHAZI TATE

The top hat and cane will be passed on to one of eight Mr. Lincoln candidates in the Cardinal auditorium on April 18. Candidates include: seniors Ben Spofford, Marshall Rich, Ben Romano, David Phillips, Tim Cunningham, Doug McCallum, Brian Jennaro, and junior Amon Milner.

Each prince had to go through an application and interview process, but they all have different reasons for entering. "I wanted to go out for Rose Festival, but they wouldn' t let me," said Phillips.

> ***"I wanted to go out for Rose Festival, but they wouldn't let me."***
>
> David Phillips
> PRINCE

Two parents, staff members, and students will judge the contestants on talent, originality, good taste, and audience response. They will also be watching for any inappropriate references that would suggest bad taste. The consequence of breaking the rules is disqualification.

Due to the disruptions that occurred in previous years, a uniformed police officer and more staff will be added to keep the evening controllably secure.

"The staff members and police are there to tighten up the contestant and audience rules," said Vice Principal Paul Erickson. "We want to keep this event as fun, positive, and up- beat as possible."

Sarah Madden

Where the boys are: Mr. Lincoln contestants from left: Ben Romano, Brian Jennaro, Tim Cunningham, Marshal Rich, Ben Spofford, Amon Milner, and Doug McCallum. David Phillips not pictured.

Ticket prices are set at $3, and all proceeds will go toward funding for future Lincoln activities

Bands battle to win trophy while raising cash

BY ALLAN SCHULTE

After weeks of preparation and a date change, the Battle of the Bands competition was held last Saturday at the Portland Community College Sylvania campus' gymnasium.

The event was hampered by cost overruns in the area of security, and a lower than expected attendance of fewer than 300 students and parents.

"It was a lot of fun, but it was too long," said sophomore Carrie Lacey Krietz. "I would only go next year if there were less bands."

Seven bands from around the metro area participated in the sock- hop competition, two of which were from Lincoln. After each band was allowed 20 minutes, the final three were chosen from panel of judges from several participating schools.

Seizure Salad from Wilson, won the competition, second and third place finishers were not announced, (but it was either the Back Door Knights from Lincoln, or the Third Kind from Jesuit).

"It was excellent," said Vice Principal Paul Erikson. "I only wish there would have been three times the audience."

Senior Class president Brian Jennaro, also the drummer for the Back Door Knights, expressed his hopes for the event to continue as a tradition for high school bands in the metro area.

Other bands included the Quadlings from Cleveland, Jester Brown from Jesuit, East Side Peace Mob from Grant, and Wood Tribe, Lincoln's other band.

The winner received a trophy, and proceeds from the event will go into the Executive Council fund.

The Funky Five...*

"Things to do when you're bored"

560. Write a song about a spatula.

380. Strap marshmallows to your shoes.

202. Walk through the drive through.

107. In a restaurant, insist on a booster seat for your imaginary friend.

821. Suddenly get the urge to conquer Poland.

*From a list of 947, look for more things to do when you're bored next month.

Rollin' with Nolan on Tri-Met

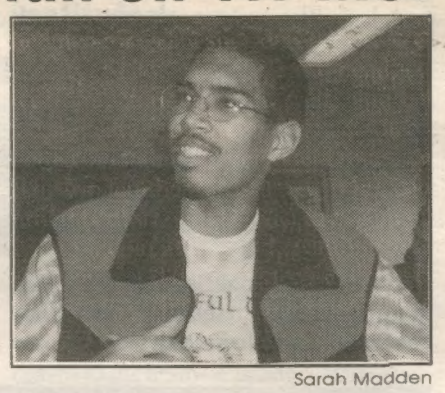
BY SHAZI TATE

You may have seen a familiar face on the bus ride home. It' s the face of junior Nolan Lienhart, February' s Outstanding Student of the Month featured on posters in Tri- met buses this month.

"I' m flattered by all the people who tell me they saw me on the bus," said Lienhart.

The Coalition of Black Men, Portland Public Schools, and Tri- Met work together to highlight African- American students who are deserving of recognition, according to nominator and integration specialist Mitch Whitehurst.

Lienhart participates on the ski, cross country, and track and field teams; and Model United Nations and Culture Club.



Sarah Madden

NOLAN in my 5.0: Junior Nolan Lienhart hits the books

He is also vice president of the Jack and Jill chapter of Portland, a youth group for black teens.

THE HOT SPOT

The Truth About Cats and Dogs

In this charming romantic comedy, Abby (Janeane Garofalo) is a sharp- witted but insecure host of a radio talk show about animals\ When Brian (Ben Chaplin), a caller, shows up at the station unexpectedly she gets her slow- witted but gorgeous friend Noelle (Uma Thurman) to assume her identity. Playing off the Cyrano De Bergerac theme, Brian (Ben Chaplin) falls in love with Abby' s mind and Noelle' s face and comedic misunderstandings ensue. The script is well written and the dialogue comes naturally to the actors. Garafolo (a talented stand- up comedienne) really shines, and Chaplin proves that the new British invasion isn' t solely limited to the members of Oasis. *Opens April 26. Rated PG-13.* ★★★1/2

The Beatles - Anthology 2

Chronicling the best of the legendary band' s middle years from *Rubber Soul* to *Sgt. Pepper* the two disc set includes rarities, outtakes, false starts and alternate versions of well- known songs. The *new* song "Real Love" (a collaboration of the three surviving Beatles with a vocal track that John layed down in the studio right before his death in 1980) sounds a bit less filtered than the previous "Free as A Bird." Also mixed in with the music are rare (and very cute) recordings of the boys' witty banter in the studio. Nearly all of the tracks were unreleased prior to this recording, and were only available on bootlegs. These CD' s are a must for any Beatles fan ★★★★

Waiting to Exhale

Terry MacMillan' s 1992 bestseller follows the lives of four African American women through the trials and tribulations of love, life, and loss. The characters are full of passion and their situations are real. Savannah is sassy, single and seeking Mr. Right or satisfaction from living alone Bernadine, a mother of two with a mortgage and a Xanax prescription struggles to recover from her divorce and reenter the dating world. Gloria owns a successful beauty salon but also has a weight problem and a difficult 17- year- old son. Robin is a big- hearted and naive ditz looking for the perfect love in goodlooking men that don' t care for anyone but themselves. The pages are full of laughs, good advice, and heartache, I would recommend reading it more than once. ★★★★

The sleaziest show of the year award!

Savannah, the new show from Aaron Spelling airs Sunday nights on the WB Network. The series revolves around three best friends who live in (where else?) Savannah, Georgia. In just eight episodes, there have been multiple engagements, a wedding, a divorce, a murder, and a lot of shameless bedhopping. Peyton, the main character, takes scheming to a new level that makes Kimberly from "Melrose Place" look like a nun. The show is good trashy fun, and it revels in the campiness. So much happens in one episode, you can' t help but watch next week.

All reviews by Courtney Knopf and Shazi Tate.
Based on a four-star system.

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forget the Import Plaza of the past- with new products and fresh stores to accomodate the '90's shopper, today's Import Plaza is more than just wicker and bamboo.
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Everything from rattan to cherry wood is a possibility in our home furnishings. We have something to furnish every room from the parlor to the bathroom, as well as a large selection of dining sets.
◆ THERE IS SOMETHING FOR EVERYONE AT IMPORT PLAZA. CALL OR VISIT ANY OF OUR LOCATIONS TODAY.
TO SOOTHE THE BODY...
Can't find a way to relieve stress after a hard day? Our selection of soaps, bath salts, candles, and massagers can help. Try a warm cup of tea from our selection of over 50 varieties. Ahhh- the bliss of relaxation.
◆ VISIT OUR NEW LLOYD CENTER LOCATION NEXT TO THE ICE RINK
on the menu...
Our food section, which includes traditional fare from China, Japan, and England, has been expanded to include a zesty array of Mexican food- don't forget the cilantro!
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On a lighter note...

It's the end of the world as we know it..." So go the lyrics to that somber R. E. M. song. But not to the future of Lincoln High School.

When the budget axe took its deep cut out of Portland Public Schools funding on March 14, the community responded in an eruption of hysteria. Such a reaction is certainly understandable considering the circumstances. However, now that some of the budget cut wounds have begun to heal, we need to clear our perspective on the situation as well.

For 127 years, Lincoln has maintained a standard of academic excellence and fostered many successful, prominent leaders. Why? Not because of generous financial contributions, but because of the commitment, motivation, and dedication of Lincoln students, parents, and staff. Money helps, but a valuable education is not solely dependent upon financial resources. Lincoln will be losing some of its finest staff members next year. However, the quality of our education and reputation as an "academic powerhouse" will not take a dramatic plunge into an intellectual abyss.

Take a step back and realize that the sky isn't going to come a-tumblin' down with the loss of 17.8 FTE. Maybe something good will emerge from this "budget crisis." Besides, isn't necessity the mother of invention? And if you're still humming to that R. E. M. song, read the lead column on the Opinion page. You just might find yourself singing a different tune... a more hopeful tune.

Ain't misbehavin'

Police officers should patrol the streets, not the halls of a high school. Unfortunately, however, such will be the case at "Mr. Lincoln."

Notorious for obnoxious behavior, "Mr. Lincoln" will now be monitored by uniformed police officers. Does that strike anyone as being disgustingly sad? It most definitely should.

At the very least, students should be embarrassed by their infamous reputation at "Mr. Lincoln." Ironically, students are more respectful to opponents at sporting events than they are to their own peers. Neither the contestants or the audience deserve to be in the presence of juvenile behavior. If people wanted to see a showcase of infantile conduct, they would go to a pre-school.

Lincoln is a high school, the maturity level should reflect that.

THUMBS UP TO...

- ❖ The M.U.N. conference: Three days and four nights in Eugene with a generous supply of EuroEath. Ahhh, what more could a Cardinal ask for?
- ❖ The M.U.N. Triad for arranging the conference and for putting up with a lot of whiney delegates. You guys are the wind beneath our wings. THANK YOU!
- ❖ Fourth quarter: Three down, one to go. Two words, baby: Ohhh yeeeeah.

THUMBS DOWN TO...

- ❖ The demise of Training Table. Our condolences. Rest in peas.
- ❖ Barry Manilow. Need we say more?
- ❖ Some awesome staff members being laid off next year. You will be greatly missed.

YOU TILT THE THUMB ON...

- ❖ Prom being nearly a month away. Found the duds, now find the studs. The fruitless search continues...
- ❖ Day-Light Savings - we still don't have time to find that lost hour of sleep.

THE CARDINAL TIMES

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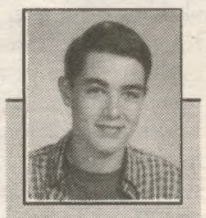
Sacrificing Shakespeare

A recent survey of public school teachers revealed only a quarter believe literature classics are essential to a successful education. These are the same books our parents and their parents read. Dickens, Shakespeare, Hemingway have always been popular authors, yet most students now probably do not know what classics they wrote.



ALLAN SCHULTE

Instead, teachers seem to have changed the standards for the reading curriculum. Students now read mostly from lesser-known minority writers such as Alejo Carpentier (*The Lost Steps*), Michael Dorris (*Yellow Raft in Blue Water*) and N. Scott Momaday (*House Made of Dawn*).

Their books aren't all bad, but the recognized historical authors shouldn't be sacrificed for a politically correct statement.

The International Baccalaureate program is somewhat to blame. Their syllabus, which Lincoln English teachers use, does not promote the classics.

Many argue students should read the classics in their spare time. Unfortunately, most students cannot grasp the complex concepts without the structure of an English class.

It is important to read works from other cultures and ethnic groups to shape our future. But students must not be taught that anything written by a white males should be discredited because of their background. Their works, at the very least, teaches us about the evolution of our society's literature.

These books are a bigger part of society than most people realize. Future allusions in discussions about these books is almost guaranteed. *Pride and Prejudice, Hamlet, Gulliver's Travels, Huckleberry Finn* were once considered as texts everybody read to be an accepted educated reader in our society.

Years from now, a mixture of these books, which give examples of different styles and backgrounds will provide the best education possible. By ignoring the recognized authors of the past centuries because of who they are does nothing to promote the quality of education. At the same time, it punishes works that have earned their reputation as classics..

CO-EDITOR-IN-CHIEF

Procrastination: mastering the Trieu art

It blinks. It stares. It haunts.

It's the cursor: a happy, slender black sliver on the computer screen; a perpetual reminder of just how little I've accomplished. But it's all okay, because, hey, there's always tomorrow...

LINH TRIEU

Right?

And if there's always tomorrow, there's always next week. And if there's always next week, there is, undoubtedly, always room for Jell-O (except, of course, when there are marshmallows sitting in it). In fact, I think I'll treat myself to a bowl of that fruity, oh-so-delicious snack right now. Sitting mindlessly over a pile homework just doesn't light my fire.

Ten minutes later: The Jell-O approach proved unsuccessful. No chunks, no chew, no complex structure to confound me, thus delaying me from doing my homework. Judges? It's unanimous: no-go with Jell-O.

However, it's not as if there aren't an infinite number of other ways I can procrastinate. Why waste time with homework when I can contemplate the finer things in life? Say, for instance, Mr. Bailey, brownie points, Mr. Bailey, or the looking at the bottom of the vending machine poker cups to see what my card is.

Whenever I have to do something of importance, it always seems like there's something better out there for me to do, like cleaning my keyboard or pushing down my cuticles. This is not to say that what I do to avoid my homework is always constructive - it's just more fun than doing what I have to do. So essentially, I'm always doing what I'm not supposed to be doing, and never doing what I'm supposed to be doing. Wow. That was superfluity at its best.

Whenever I have to do something of importance, there's something better out there for me to do, like pushing down my cuticles.

I don't mean to use this opportunity to brag or anything, but when it comes to procrastination - woah - nobody does it better. I've even trained my watch to read 'later' any hour of the day. Pretty impressive, I know. In fact, if procrastination were a sport, I bet I'd letter in it, no sweat. I'm serious, literally, no sweat.

Writing essays at 2 a.m. the night before they're due, racing to the post office to make the deadline, putting the entire newspaper together the night before press (only kidding, Bailey), whatever: I've done it all. Besides, I do my best work under pressure.

I'm not ashamed to admit I procrastinate. Everybody does it. The Freemen in Montana? They're procrastinating; putting off the inevitable. Oh, and Ed McMahon? He's just waiting until the last minute to mail me my $10 million Publishers Clearing House Sweepstakes check. See? It's all okay, especially if Ed does it, too.

Finishing homework in advance just never feels right, like when someone accidentally shoves their finger up my nose: foreign, and a bit uncomfortable.

Alright, seriously now. Enough procrastinating and meaningless babble. I should really get some work done. Oh, but wait - I think *D'fferent Strokes* is on. And besides, I've got some cuticles that need some pushing.

CO-EDITOR-IN-CHIEF

Generation why

At least I admit it!" I've said that so many times I could dictate it backwards, in my sleep.

I hate to say it, but I actually believed it, too... until I realized what I was actually saying.

MACKENZIE JEANS

I never believed that just because I admitted I had a character flaw, that made everything okay, and I've never expected other people to put up with it either. But a lot of people seem to think that they're not personally responsible for their actions.

A couple days ago two girls were arguing in the hall. One told the other that she had a bad attitude, and the other walked away, saying over her shoulder: "So, what are you going to do about it?"

When I walk down the halls I can't help but hear people pushing their baditudes on everyone around them. And by failing to take any kind of responsibility for their actions, these students are only creating a bigger problem for themselves.

It's not okay to think your attitude is not your problem.

We've become the "I-admit-it-you-deal-with-it" generation that no longer feels it needs to be excused, or no longer feels sorry for the inconveniences it places on society. I'd like to call it Generation Y - as in, "why care?"

We've turned ourselves into rude, obnoxious louts who are extremely comfortable with being that way.

Who cares what anyone else thinks, I'm okay, you're okay - right?

Wrong.

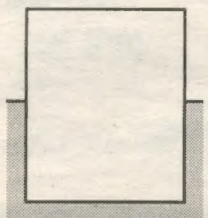
It's not okay to think that your attitude is not your problem. It's not okay to think that you're excused from any fault of your actions because you admit they're a problem.

So please, check your attitudes, and leave the bad ones at the door.

ASSOCIATE EDITOR

Enough whining - deal with the cuts

It doesn't take a genius to figure out that the schools in Portland are in a state of crisis. With cuts in faculty and supplies, teachers are going to be strained with more students and fewer resources to facilitate them. Yet, depending on perspective, the cuts are a blessing in disguise.



ELIZABETH LEHMER

In many of my classes, I find that the level of innovation from teachers has reached a stagnant plateau. There are times right now when I feel anonymous in some classes, as I suspect that some of of my teachers don't even change their lesson plan from year to year. Perhaps a reduction in material resources will force teachers to draw upon their inner resources and re-examine their teaching techniques.

The things that I remember most about classes in the past is not the quality of the textbooks (good or bad) or the size of a class (big or small), but the willingness of a teacher to excite and make students open to learning - that is something that goes beyond money, or the lack of it.

Although I am a senior and will be off to college next year, these things are not easy for me to say. I have a younger brother with special needs, and my parents want to keep him in a public school environment. Do I want teachers to lose their jobs? No. It was with great sadness that I found out such a treasure of staff members became a pile of pink slips- a set of numbers as opposed to the wonderful people that they truly are.

Perhaps a reduction in material resources will force teachers to draw upon their inner resources.

But at the same time, rather than sitting around wringing our hands and saying 'woe is me' about the situation for next year, staff, parents, and students need to start thinking about constructive ways to deal with this crisis. We know what the reality is - we need to start dealing with it now.

There are many ways that staff members can help to soften the blows of a reduced budget. For example, since Lincoln is considered a "college prep" school, a larger class size will add to the college-like atmosphere. To help alleviate the strain on teachers, groups of students can synthesize information and teach it to the class.

No matter what befalls the public schools of Portland in the future, we must remember this: there is never a problem without a solution.

SPECIAL FEATURES EDITOR

Communism in the halls, cafeteria-style

"Due to the rising cost of food and budget problems, we will no longer be able to serve the training table menu. Look for new menus to be posted."

With the elimination of the Training Table, The Man has instituted his Final Solution in creating a race of immobile and docile students. He plans to inject us all with overwhelming buckets of grease. Slowly it will coagulate, spreading outward to limbs. The repercussions: a physically repressed breed of negative superhumans on par with the fabled sloths. The plan has been a gradual development over a span of five years in an effort to blind the guzzling masses. They don't suspect because of the laced Jo-Jos that have proliferated the so-called "a la carte," which translates to "The pugnacious solution for the proletariat." Slowly the "snacks" at break have begun to overflow with an addictive yellow goo. Once it has entered the system, quickly a psychological dependence is created. And so during lunchtime, the students shall soothe their desire by purchasing vast sums of dripping pizza. . Before, these dastardly plans were isolated to an enclosed section of the cafeteria. But it has propagated itself throughout the area. We have even seen how cookies were entrenched in the Training Table meal plan. And now this atrocity against humanity. The Man's petty cronies claim that the more expensive food was reduced, yet the nutritional content will stay equal. Previously, the Training Table provided content sufficient for our dietary needs, yet it is being replaced with meager portions.

SIMON THOMAS

The Man has instituted his Final Solution in creating a race of immobile and docile students.

Yet, we as the vanguard of the proletariat have deciphered his truculent intentions. The Man plans to deprive of us our proper dietary needs. Without proper intake of essential vitamins and minerals, we will turn into mindless zombies. We will be subject to the over - manipulation of institutionalized rhetoric which will engender an apathetic student body antithetical to scholarly tendencies. This is sabotage of free-thinking in the classroom, or, shall we say, breeding grounds. Yes, in his Master Plan we will all be his servants, eager like dogs to do his bidding. The Man is nutritionally repressing us. This induces crass consumption because of the necessity for subsistence. If the stomach isn't satisfied, then the body will quench its hunger by feeding the mind. The Man will envelope the student body with propaganda, manipulating them to think their educational desperation is not his totalitarian tactic, but our benevolent teachers. This is of course because the teaching staff is also relegated to the brain-washing subsistence.

Give us our daily bread, or the masses will swell up in a tidal wave of spontaneity to overthrow this totalitarianism. We shall boycott the cafeteria until it provides the proper nutritional supplement essential for a young mind.

LETTERS TO THE EDITOR

Offense not intentional

To the Editor:

When I rewrote my speech, on the day of the elections, I had no intention of offending the staff and students of Lincoln High School. I am sorry for all those that it did offend, but I think my speech was taken the wrong way.

The staff and students need to relax and take my speech for what it was, a JOKE! Lately there has been a large amount of heat on me not only for the content of my speech, but because I did change it for the election without checking it with the elections family.

Although I am not being disqualified, disciplinary action is being taken against me. I realize the errors I have made and it's unfortunate this incident ever occurred.

Peter Rosenbaum, student body treasurer

Letter uncalled for

To the Editor:

This is in response to the letter that appeared in the Cardinal Times, issue 8, signed by Lincoln teacher Jim Johnsrud.

In your crossfire with co-editor-in-chief Allan Schulte, you were outmatched by stooping to ad hominem attack against reasoned suggestions. What sensitive nerve did he touch that you were unable to engage in a dialogue?

The budget crisis and Allan both deserve a respectful response if you wish to model caring and intelligent adult behavior.

Judy P. Amster, parent

P. S. Who or what were you citing with your quotes in the aforementioned letter? Those didn't come from Allan's column.

The Cardianl Times welcomes your signed letters to the Editor. The staff has the right to edit letters for length, content, and timeliness. Please submit letters to room 124 or to Mr. David Bailey's box in the main office.

Clipboard example of wastefulness

To the Editor:

Once again, and for the third time this year, I found myself dumbfounded after receiving my mail last Monday afternoon. I'm wondering why, in the midst of our paper crisis, my family is getting two copies of the *Principal's Clipboard* per quarter. One to my parents, and one to my brother's parents (the same parents). What's even worse, is that three student families receive three copies of the *Principal's Clipboard.*

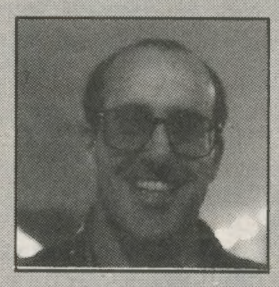
These mailings were four sheets of 11x14 this quarter. Considering that we have been getting one more than we need for three quarters, this translates to approximately 24 regular sheets of paper so far. If there are even 100 families with more than one student, more than *six* unnecessary reams of paper are being used every year. This paper could definitely be better used elsewhere.

name withheld by request

A Closer Look

With all of the talk about the budget, it's easy to see the cuts as just numbers and forget that each teacher cut is a person and a family that is going to be affected - here is a closer look at how the cuts will hurt

ANDREW CHERNIN



Who: English teacher

Has been teaching for: two years

Status: laid off

What he likes about teaching: "The chance to make an emotional connection withy students with ideas that are important in life."

Reaction when he lost his job: "I knew that I was going to get [a pink slip]. Ihave a lot of dissappointment and frustration with the lack of creativity of the Board of Education and the teachers union for not coming up with best solutions for students and staff."

What he will do next year: "I anticipate being taken up in some matter by the district, but my hope is that I will have the opportunity to continue at Lincoln."

His perfect budget solution: "[The district] would have set up a contract with a condition precedent with teacher raises contingent upon additional funding for subsequent programs, and staff critical to the maintenance of academic excellence."

JACK CURRY

Who: social studies teacher

Has been teaching for: four years

Status: reassigned to another part of the district

Why he likes to teach: "I enjoy not having to work where there is a production of something, like in a factory."

Reaction when he lost his job at Lincoln: "It's still real disappointing and frustrating- any job you do, if you put a lot of work into it, it has unconditional impact, no matter how much you try to rationalize or prepare for it.."

What he will do next year: "I don't have the slightest idea. I may be anywhere, but I'm a lucky one, because I'm being moved, not laid off."

His perfect budget solution: "I think they should repeal Measure 5. That would be at least a short-term gain, although politically umpopular."

VOICES FROM THE HALLS

What would be your perfect budget solution?

◀ "Make legislators know that [the budget] is important to the voters, through phone calls and press conferences."

Josh Kaminash, freshman

"Every administrator could buy each student a lottery ticket and hope we make it big." ▶

Laurel Bradley, senior

◀ "Parents should pay extra money for kids, like paying tuition; kind of like taxes."

Gordon Zimmerman, sophomore

B & A Sporting Goods

REFLECTIONS ON THE WORLD OF SPORTS

By Brandon Birdwell and Althea Rodgers

Budget Blues

Although PIL athletics were saved for the most part from the ravages of the budget cuts for the 1996-97 school year, sports didn't come away entirely unscathed. Here are our takes on the prominent changes for next year.

One-half credit P.E. waiver for athletes

While no one is happy to see one of our fine physical education teachers go, the waiver is an idea that should have been instituted a long time ago.

This is not to say that P. E. is a useless or unnecessary class, but the idea of forcing two-sport athletes to take a class on fitness begs the question: *WHY*? P. E. is perhaps essential to students who otherwise would never play a sport or participate in any other athletic activity, but what purpose does it serve for students who spend at least one-third of their year on an athletic team? Since most, if not all teams at Lincoln practice every day for longer than the 50 minutes of a P. E. class, the time in physical activity is more than made up in two seasons.

The biggest problem with this plan, in fact, may be that the waiver isn't granted for the full P. E. credit. We may find in the next few years a rash of upperclassmen taking P. E. who failed to make the team as they had planned, or who lost interest in sports, or perhaps who just found playing too expensive-which leads us to our next topic. . . . .

$10 increase in pay-to-play fees

Since many programs are being drastically cut next year, student athletes should probably count themselves fortunate just to have sports to play. Nonetheless, with the increase, participation fees will hover in the $60-70 range, depending on the student's year in school. That is a pretty steep price, especially considering that there has been no proposal yet to attach a fee to IB or ISC programs.

There is also no money budgeted for athletic equipment for the third straight year, putting an additional financial burden on students who want to play sports. While the Lincoln Booster Club has donated generous amounts to keep the athletic program running, we have to wonder what happens if that money runs out. It's hard to play football without pads, or baseball without balls.

Additionally...

In addition to these direct cuts in funding, there are some cuts in other areas that will leave their mark on the athletic program. Some of the teachers leaving Lincoln next year also served as coaches. Someone is going to have to step in and replace coaches who had piloted teams for many years, and while this may bring an influx of new ideas to the athletic program, the most dramatic result in the short-term could be turmoil as the new coaches institute new programs and policies.

Focus on... Golf

Boys, girls start season off strong

By Althea Rodgers and Mark Hwee

Perfection is the key word for the girls' golf team this year. The team currently has a 4-0 pre-season record and a 2-0 record in the regular season.

"From all the teams I have seen so far, our top three players are leading the pack," said head coach Emily Harnden. Among Lincoln's top girl golfers are senior Emily Spear, juniors Laura Jackson and Lindsey King and freshman Erin Breslin.

The Cards are looking forward to the Beaverton tournament which will be held April 12, and the Sandy Invitational on April 26. Prospects for these tournaments are good. "The team on a whole is hitting the ball well, although our short game-chipping and putting, needs some improvement," remarked Harnden.

The boys' golf team looks to bounce back from a disqualification at its last tournament with a strong finish at Willamette Valley Country Club today. "I think our team can put the last tournament behind them, and shoot a good score at Willamette," said junior Rex Puterbaugh.

The Cards were disqualified in the Lincoln Invitational at Pumpkin Ridge last Tuesday, due to a scoring error by a Lincoln golfer. South Eugene went home with the trophy, and Brian Nossler from Lake Oswego took the individual title with a two-under-par 70. "I think we are hurt in these tournaments because of the nine-hole format that we play in matches," said coach Brian Quinn. "These tournaments are 18 holes, and it's hard for some of our guys to put two good nines together."

Sarah Madden

Shank! Senior John Froman grimaces at his shot during boys' golf practice at Progress Downs. The Cards, who were disqualified at the Lincoln Invitational last Tuesday, play today in the Canby Tour at Willamette Valley Country Club.

The boys started the season off with a bang—a second-place finish at Portland Golf Club on March 25. Junior Ford Montgomery led the team with a 75, followed by Puterbaugh at 78. The Cards shot a total of 312, 16 shots behind winner Jesuit.

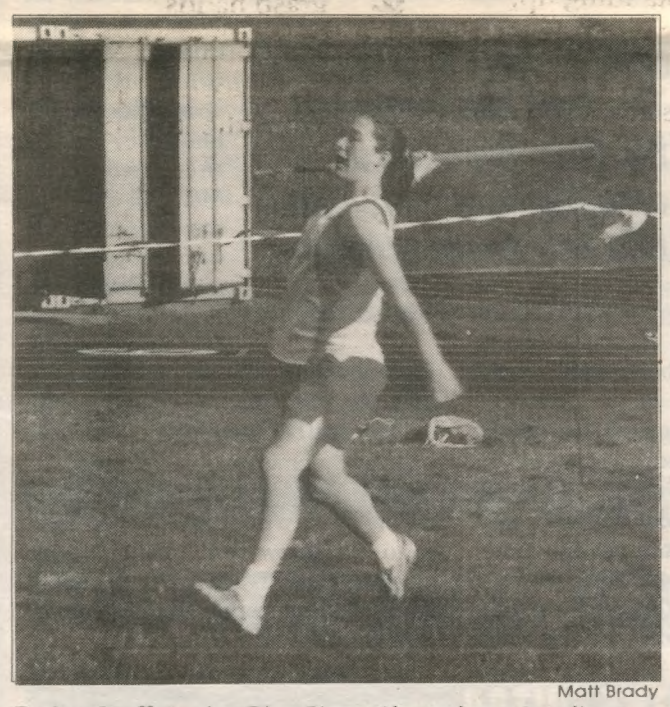
Girls' track prepped for City Relays

By Brandon Birdwell

With a dominating 105-40 win at Franklin on April 4, the girls' track team got a running start for the City Relays scheduled for today and tomorrow. "We're right on track for the City Relays meet," said head coach Benita Lloyd. "Everyone's running really well, and last week's meet was a good indication of that. We had some good PRs (personal records) and almost everyone's times came down."

The win left the Cards at 3-0 in PIL competition and on line for their 10th straight District title. Junior Gina Pieretti led the way for Lincoln in the field, winning the shotput, javelin and triple jump, and finishing second in the long jump. Senior Jill Waldman won the long jump and 400m run, and junior Jenny Costa swept the 100m and 200m dashes. The Cards also set an "unofficial" record, according to coach Dave Bailey, with six sub-five-minute 1500m runs. Sophomore Carrie Lacey-Krietz led the Lincoln onslaught with a 4:53.4, the third-fastest time in the state this year, and was followed closely by junior Lauren Weiner at 4:53.9. "The six girls under 5:00 is the best in the state," said Lloyd. "We've been keeping track, and there isn't anyone close."

Field events kick off the City Relays this afternoon at Madison High School, and the running events will follow tomorrow. "We've already got girls stepping up," said Lloyd. "We aren't really worried about anyone right now, because the girls are running so well."



Matt Brady

Doing it all: Junior Gina Pieretti launches a javelin at the Franklin meet April 4. The javelin was one of three events Pieretti won in the Cards' 105-40 victory.

Boys' track team still waiting to hit stride

By Zach Vanderkooy

The boys' varsity track team followed up a fifth-place finish at the Cardinal Relays March 30 with a 94-37 loss at Franklin April 4.

Although the loss dropped the Cards' PIL record to 1-2 this season, the team is satisfied with its performance so far. "(The Franklin meet) was tough, but we've done really well so far," said senior runner Damion Bromfield.

While the Cards were swept in the running events, the team performed well in the field. Senior Steve Shepro won the high jump, pole vault and long jump, and junior Sheridan Long won the javelin. "Our sprinters haven't hit their peak yet," said head coach Benita Lloyd.

Lincoln's showing at the Cardinal Relays was strong, despite the stiff competition that included Jesuit, one of the top teams in the state. The boys got a boost from the winning coed medley relay team of Bromfield, junior Dave Heald, sophomore George McCleary, senior Kristine Rassmussen, junior Rose Reid, and Esther Rogers.

The Cardinal Relays also provided a tune-up for the City Relays at Madison today and Friday. "We're hoping to finish in the middle of the pack," said Lloyd. "We only have two senior boys. The rest of the team is young, but they're competing really well."

Tennis teams rained out against Grant

By Rex Puterbaugh

Boys' tennis is in full swing, with a clean 4-0 record as of April 10. The Cards opened up their season with a 6-1 win at Cleveland on March 6. Sophomore Danny Rubin, with an easy win in his singles match, and the doubles team of senior Owen Hurd and junior Mark Hwee, led the way for the team, which was missing several key players. The Cards were playing without three of their top four singles, so they had to juggle their line-up to fill the voids. Missing were senior David Sacks, junior Jack Peterson and freshman Adam Lewis, seeded first, second, and fourth, respectively.

> ***"For a team goal (a District title) is realistic..We just have to take things one step at a time."***
>
> Doug Morten
> HEADBOYS' TENNIS COACH

Last Thursday Lincoln came away with a 6-1 win over rival Wilson. The match against the Trojans was the first this season that the Cards have had their full line-up, as Sacks played his first match since returning from two months of studying in Israel. "Our team this year is deep and strong," said Hwee. "I think we'll have a great chance at winning District again."

Lincoln has won the PIL District title the last two years and has a good chance to do it again. Both top rivals of last year, Wilson and Benson, lost their top singles players and both teams also had their top doubles team broken up.

"For a team goal (a District title) is realistic," said head coach Doug Morten. "We're definitely not short on skilled and quality players; we just have to take things one step at a time. We can't overlook anything."

The Cards had their biggest match of the season, against Grant, postponed last Tuesday due to rain flurries. The postponement kept the PIL's top two tennis teams from going head-to-head.

"Grant is our toughest rival by far," said Hwee. "The next toughest is Benson, who we'll play down the road."

The girls also went into their match with Grant with an undefeated, 4-0 record, following a dominating win over rival Wilson on April 4.

Lincoln swept the Trojans on their home courts, winning every match. "It's the first time this season that we've swept someone," said head coach Mitch Whitehurst, "and it was good that we could do it against our rival."

While the Cards lost several key players from last year's team, balance has been the critical factor in this season's fast start. "We're trying to find the right combinations for doubles," said Whitehurst. "It's very competitive, especially among the top-three singles. All three could play number one."

A CARDINAL WORKOUT

Summer's on the horizon and it's time to come out of hibernation and trim off that winter fat.

From Fabio to Fonda, choosing the right workout can get confusing. So THE CARDINAL TIMES has designed a total workout for anyone who wants put the bustle back into their muscle, and shape up for the sizzling summer.

Working hard: From left, Lauren Orcutt, Scott Gaffi and Scarlett Chamberlin hit the weight room.

Sarah Madden

Warm-up and Stretching

Every good workout begins with a good warm-up. A warm-up is designed to get your heart going and loosen up your muscles.

A solid warm-up should be followed by extensive stretching. Below is a list of suggested stretches and warm-up activities to prepare for your workout.

Warm-up

Suggested time: 5-10 min.

Routine: Jogging, jump-rope, or bicycling will all do. Jogging or biking can be done either on a machine or a track or on the way to the gym.

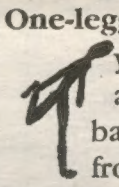
Stretching

Suggested time: 30 seconds per stretch, three repetitions per set.

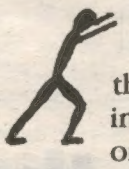
- **Low back**: Lie on your back and pull one bent knee toward your chest while keeping your other leg flat on the ground.

- **Cross over** : Standing up, cross one leg in front of the other and reach down as far as you can.

- **One-legged stretch:** Grasp your foot behind you and lift upwards and backwards to stretch front of thigh.



- **Calf stretch:** Facing a wall or obstacle, put one foot behind you with the heel on the ground and the foot facing forward. Lean forward toward the obstacle while keeping your back foot flat on the ground.



- **Arm stretch:** Place one arm behind your back as in a hammer lock. Reach over the top of your shoulder with your other arm and try to grasp hands.

- **Pretzel:** Sit on the ground and place one bent knee over the top of your other leg, keeping the other leg flat on the ground. Turn your upper body toward the bent knee.

Workout

Now that you're good and warm, it's time to get to work. A complete workout needs to include both aerobic exercise to boost cardiovascular endurance and burn fat, and weight-training to build muscle.

Exercise

Suggested time: Start with 20 minutes three days per week, and move up to 30-40 minutes.

Routine: Any cardiovascular exercise will do, it's mainly a matter of what you enjoy the most. If you aren't easily bored, then try bicycling, jogging, stair-climbing, swimming, or walking. If you aren't into solitary exercise, though, any aerobic sport such as basketball, boxing, tennis, or volleyball will be an adequate substitute.

Weight training

Suggested time: 3 sets of 8-12 repetitions of each exercise, three days per week. The entire routine should take less than 60 minutes.

Routine: Always start by working the largest muscles first: the legs, chest, and shoulders are your biggest muscle groups. A sample workout would look like this: *squats* (legs), *incline and decline bench press* (chest/shoulders), *military press* (shoulders), *leg curl* (hamstrings), *seated row* (back), *leg extensions* (quads), *lat pulldown* (back), *flat and vertical leg raises* (abdominals), *tricep extensions* (triceps), *back hyperextension* (lower back), and *arm curl* (biceps).

Workout Tips

1. Drink a glass of water every hour on the days of your workouts.
2. Wait only 1-2 minutes between each set of repetitions.
3. Balance your lifting-work opposing muscles like biceps and triceps equally.
4. Exhale when you lift the weight, inhale as you lower it.
5. Carry a chart or checklist of your exercises when you work.
6. Lift heavier weight to build muscle, lighter weight to tone.
7. For safety, always lift heavy weights with the help of a spotter.

Workout designed with information provided by Tom Thomas, (Lincoln P.E. teacher), *Mens' Health* and *Womens' Sports and Fitness* magazines.

THE BIRD FEEDER

A simple dietary menu

BREAKFAST

- ❑ Start your day off right with a low-fat, healthy meal: bagels, wholewheat or rye toast; fruits like melons, bananas or grapefruits; fruit juice; and a low-fat cereal. Some healthy choices include: Post Shredded Wheat, Raisin Bran, Cheerios, and Grape Nuts.

LUNCH

- ❑ Seeing that we had to say good bye to the oh-so-healthy training table, we suggest a sack lunch: chicken, turkey or tuna on wheat or rye bread; bananas, raisins or grapes, pretzels, and skim or non-fat milk. If you simply can't resist heading to McDonalds, skip the BigMac and try the Grilled McChicken instead.

DINNER

- ❑ Dinner doesn't have to be the big meal of the day: substitute poultry or broiled fish or shellfish like clams and shrimp for meats like beef and pork, or try pasta instead. Embellish your meal with rice or baked potato; veggies like beans, carrots and broccoli, or a salad with low-fat dressing; and skim or non-fat milk. Top dinner off with a scoop of Ben & Jerry's Cherry Garcia frozen yogurt.

SNACKS

- Baked Tostitos from Frito-Lay
- Mr. Phipps Pretzel Chips from Nabisco
- Betty Crocker Pop-Secret by Request Microwave Popcorn
- Fat-Free Fig Newtons
- Dole's Fat-Free Fruit'n Juice bars
- Häagen-Dazs frozen yogurt or sorbet

CALENDAR

Today

Boys' golf: Canby Tour @ Willamette C.C., 1 p.m.
Boys' tennis @ Jeff., 3:30 p.m.
Girls' tennis: Jeff. @ Washington Park, 3:30 p.m.
V. track @ Madison, 3:45 p.m.

Friday, April 12

Girls' golf: Beaverton Invitational Tour @ Progress, 8 a.m.
V. track: City Relays @ Madison, 3:45 p.m.
V. softball: Wilson @ Rieke Park, 4 p.m.
V. baseball: Wilson @ Lincoln, 4:15 p.m.

Tuesday, April 16

Girls' golf: Roosevelt @ Progress, 3:30 p.m.
Boys' tennis @ Marshall, 3:30 p.m.
Girls' tennis : Marshall @ Washington Park, 3:30 p.m.
V. softball: Franklin @ Clinton Park, 4 p.m.
V. baseball: Franklin @ Lincoln, 4:15 p.m.

Wednesday, April 17

Boys' tennis @ Lake Oswego, 3:30 p.m.
V. softball: Jeff. @ Alberta Park, 4 p.m.
V. baseball: Jeff. @ Lincoln, 4:15 p.m.

Thursday, April 18

Boys' tennis @ Benson, 3:30 p.m.
Girls' tennis: Benson @ Washington Park, 3:30 p.m.
V. track : Madison @ Lincoln, 4 p.m.

Friday, April 19

Boys' golf: Benson @ Heron Lakes, 3:30 p.m.
V. baseball @ Benson, 4:15 p.m.
V. softball: Benson @ Erv Lind Park, 6 p.m.

Coaches Corner

Benita Lloyd

Coach Lloyd

Coaches: Boys' and girls' track, all levels.

Background: Lloyd was a sprinter from the 5th grade through her sophomore year at Western Oregon St. She coached sprints and hurdles at Roosevelt from 1982-93, before coming to Lincoln last year.

Why did you get into coaching?
"The love of the sport. I was tired of competing after 13 years, but I wanted to share what I learned with kids out there and help them to be the best they can."

What is your most memorable coaching experience?
"I'd have to say winning the State title last year, especially since it was my first year. I knew it was dangling out in front of us, and I knew we could do it, but so many things had to go right for us to win."

What other activities do you enjoy?
"Golf. I had to take a year off and golf full-time. During the summer we try to hit as many different courses as we can. I shop, too. I'm probably better at shopping than golf."

Where do you see yourself in the future?
"I see myself still teaching, still coaching, and still being who I am. It's tough being me."

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A state of education

What are you learning?

With the recent education summit, a special team of researchers was hastily assembled and sent to Portland. Their mission: "to research the intricacies and nuances of the state of education at one Lincoln High School." The researchers conducted extensive studies, gave rigorous tests of mental ability, including the famed Rorschach ink blots, and the fabled three-pronged Saxeman. Here is their special report:

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We had assumed that education was in dire straits, but the extent to which it had fallen was incomprehensible. The cause must be attributed to the infamous budget cuts. Students have no sense of decency. Accepted icons of Americana were demeaned by sacrilegious remarks, too crude to be printed in this report.

Nor do they know how to spell (Kix is not spelled with an 's' on the end).

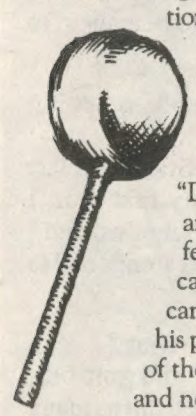
It is egregious how many children don't know the amount of licks it takes to get to the center of a Tootsie Pop (93. 7, an average due to variances in tongue size).

We admit there was some creativity ("the grahamenizer" is a novel concept). But overall, the lack of knowledge about United States history and culture is atrocious.

What follows is a sampling of the questions and a summary of responses.

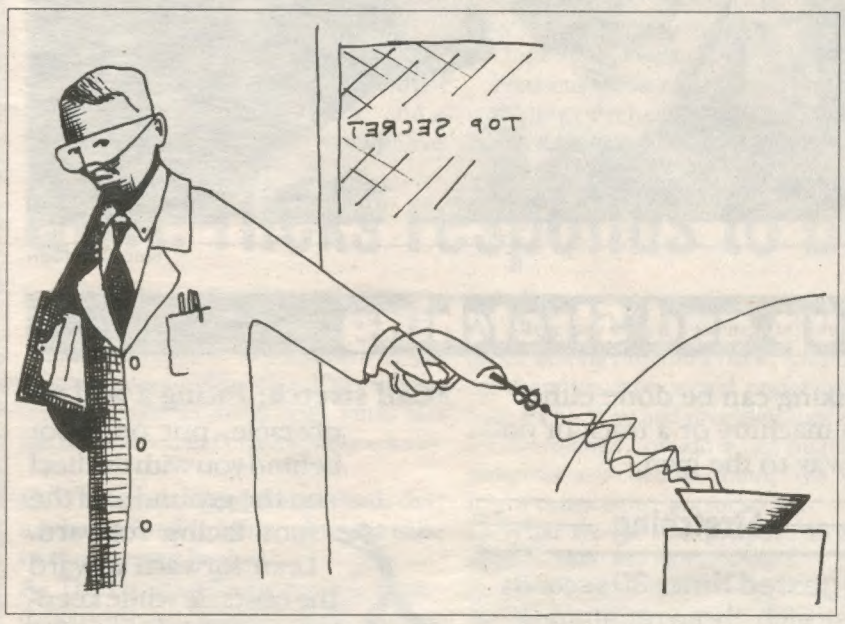
'How many licks does it take...?'

Surprisingly, the answer which should be as constant as Avogadro's number, varied by as many as six digits, with a high of 8,172,393. Ten of those questioned answered "three" with commentaries such as "1, 2, 3 crunch," and "three, then you bite." Yet the majority were found to be apathetic toward investigation. One respondent epitomized the feeling, "Don't know. After a few licks I got tired and just chewed on it." Overall, the feeling was characterized by, "If the owl can't do it, why should I?" Yet one candidate stood out from the morass with his provocative thesis: "None. The center of the "Tootsie" must be assumed to exist, and necessitates no "licking."



What would you do for a Klondike Bar?

Well, right now, just about anything
Pay money.
Not much.
Nothing, they aren't that good.
Bark like a dog
Take a survey.
Climb the highest mountain, ford the deepest stream
Walk down to the store and buy one
Go to the freezer
Stand on my head and wiggle my toes
Join Mr. Bailey's journalism class



How do they cram all that graham into every golden bite?

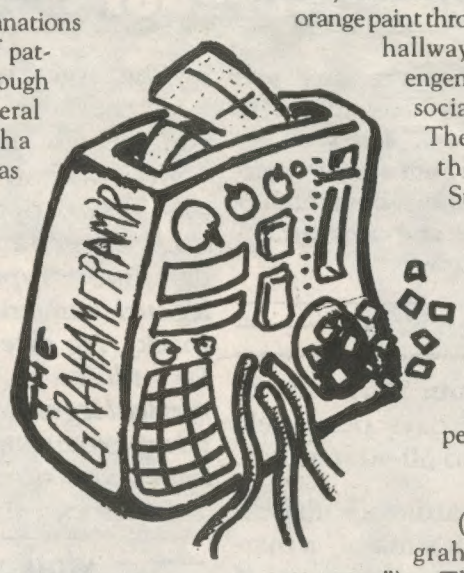
Lincoln students seemed to shine in this exploratory question that probed the left side of their brain. The answers seemed to fall into three categories: scientific, large animals and extreme pessimism.

Some of the explanations fell into the level of patentable if carried through properly. The general consensus was, "With a graham cramer," was the most probable.

But, "The grahamenizer does it!" had the most grounding in classical literature with the allusion to *Willy Wonka's Chocolate Factory*.

The proof of a strong science department is evidenced in, "I don't know, but I think it has something to do with Mr. Eide." Yet the claim that, "It has to do with internal combustion," is interesting but antithetical to the concept of nuclear fusion.

There must be some kind of Freudian reason for the common explanation to be some type of large animal and brute strength (with the exception of one with a more feminine leaning: "Very carefully"). Yet the rest express a strong, even overwhelming, display of masculinity as in, "You jump on it really hard." The obsession with size ("Big giants," and "With an elephant") must be derived from the same source, or could be induced by the subtle variances in orange paint throughout the hallways, which engender an association with The Land of the Rising Sun: "It involves sumo wrestlers."



The pervasiveness of pessimism is puzzling, ("It's not graham, it's sugar"). The reason could be Lincoln's mascot, a large red bird known as "The Cardinal" which lacks any abilty to induce fevered frenzies. Full understanding of this phenomena that engendered responses such as, "Only those of the twelfth circle know the answer," will require a separate in-depth investigation. Either way, the theory posed by one, "Sodium Benzoate (used as a preservative)," has been categorically denied by the makers of Golden Grahams.

I don't know, but I think it has something to do with Mr. Eide.

Pop Quiz:

What brands use these slogans?

1. 'Make a run for the border'
Taco Bell
NAFTA
U.S. Immigration Department
Taco Hell
Taco Smell
La Migra

2. 'I love what you do for me'
Toyota
Hugh Grant

3. 'Tap the Rockies'
Coors Light
Exxon
Heinz 57

4. 'They're grrreat!'
Lincoln Seniors
Power Rangers
Fruit Loops

5. 'Kid tested. Mother approved.'
Ritalin
Republican Party
National Rifle Association
Kix

6. 'The Silver bullet'
Bill Clinton...Man, can he run

7. 'Your way, right away'
McDonalds
Thriftway

8. 'Anything else would be uncivilized'
Right Guard
Metro Zoo
National Football League
Grey Poupon
Animal Crackers

Answers

1. Taco Bell; 2. Toyota; 3. Coors Lite; 4. Frosted Flakes; 5. Kix; 6. Coors Lite; 7. Burger King; 8. Right Guard

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